



Chronic GI illness is not only on the rise in our patient populations but also becoming more difficult to assess and treat.

Everything from laboratory methods to various natural and prescription therapies are becoming more complex, and often difficult to employ.

Areas which will be discussed:

- Crohn's disease
- Ulcerative Colitis
- GI Infectious disease
- The role of various forms of biofilms in GI disease
- "Irritable Bowel" and other non-specific diagnoses
- SIBO / SIFO
- Food allergy and Intolerance
- GI inflammation, immune system and relationships to systemic health
- Histamine and other inflammatory mediators
- Post-antibiotic post-surgical and post-infectious repair strategies
- The gut-brain connection

Some of the interventions to be discussed:

- The myriad of food testing; which does what and when to use (or not use)
- GI biome testing
- Systemic lab tests to assess GI effect on the whole body
- Dietary approaches
- Pre and probiotics
- Compounded and Standard Prescription Agents
- Natural oral therapies
- IV and Injection therapies
- Hyperbaric Oxygen, Heat / Sauna and Laser Therapies
- Biofilm and GI Repair Agents

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The Value Proposition

18 Category 1 AMA PRA Credits™

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REGISTRATION FEE: \$845

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FIVE EXPERT SPEAKERS



Leonard Weinstock, M.D., FACG

Dr. Weinstock is Board Certified in Gastroenterology and Internal Medicine. He is president of Specialists in Gastroenterology and the Advanced Endoscopy Center. He is an Associate Professor of Clinical Medicine and Surgery at Washington University School of Medicine. He is a primary investigator at the Sundance Research Center. Dr. Weinstock received a BA Magna Cum Laude from University of Vermont and the medical degree from University of Rochester School of Medicine. He completed his postgraduate training and was chief resident in Internal Medicine at Rochester General Hospital. His Gastroenterology Fellowship was performed at Washington University School of Medicine. Dr. Weinstock is an active lecturer and has published more than 80 articles, abstracts, editorials and book chapters.



Allison Siebecker, N.D., MSOM, I.Ac.

Dr. Siebecker has worked in the nutritional field since 1988 and is a 2005 graduate of The National University of Natural Medicine (NUNM), where she earned her Doctorate in Naturopathic Medicine and her Masters in Oriental Medicine. She was the co-founder and former medical director of the SIBO Center for Digestive Health at NUNM Clinic and has specialized in the treatment of SIBO since 2010.

Dr. Siebecker is passionate about education- she is Instructor of Advanced Gastroenterology at NUNM, IBS Board of Advisor & Faculty for the GI Health Foundation, Co-Founder & Curriculum Coordinator of the 2014-2016 SIBO Symposiums, teaches continuing education classes for physicians, and is the author of the free educational website siboinfo.com.

FIVE EXPERT SPEAKERS



Preet Khangura, N.D.

Dr. Khangura practices in Victoria, BC Canada, at the well renowned Juniper Family Health clinic. His clinical focus is heavily fixated on gastrointestinal and autoimmune conditions. Although Dr. Khangura treats a wide variety of gastrointestinal cases, he has been a fixture in the world of SIBO diagnosis, treatment, prevention, and education. He is a founding member of SIBODOCTORS.ca, as well as a co-founder and co-owner of the highly regarded SIBO Diagnostics laboratory. Dr. Khangura has pioneered treatment and prevention protocols and strives to share his knowledge with other doctors through his active participation on social media, complimentary consults for doctors using SIBO Diagnostics laboratory, as well as the in-depth education from his full day Beyond Superseding SIBO Seminars.



Stephanie Grutz, FNP

Stephanie is an integrative nurse practitioner with over 10 years in the field of medicine. In 2009, Stephanie was diagnosed with an autoimmune disease and eventually diagnosed with Crohn's. She started down a path of biologics and steroids with deteriorating health. As she desperately searched for answers, she stumbled upon integrative medicine. She went all in, changed her diet and started treating herself holistically. After 3 months of this change, she got off all her medications. Since 2014, Stephanie has been using her body as a research subject, helping others that she serves. She has guided hundreds of patients to health and inspires to help other providers do the same. She reminds doctors that medicine began by listening to patients. Being on both sides of health, she understands that healing is messy, scary and vulnerable for the patient and the provider and being able to navigate through this with grace is powerful. In 2015 Stephanie created her integrative clinic as well as an IV nutritional therapy clinic and owns her own supplement line, Select Balance.

FIVE EXPERT SPEAKERS



Paul Anderson, N.M.D.

Dr. Anderson is a recognized educator and clinician in integrative and naturopathic medicine with a focus on complex infectious, chronic, and oncologic illness. In addition to three decades clinical experience he also was head of the interventional arm of a US-NIH funded human research trial using IV and integrative therapies in cancer patients. He founded Advanced Medical Therapies in Seattle, Washington, a clinic focusing on the care of patients with cancer and chronic diseases and now focuses on clinical collaborations with clinics and hospitals in the US and other countries.

He is co-author of the Hay House book “Outside the Box Cancer Therapies” with Dr. Mark Stengler as well as a co-author with Jack Canfield in the anthology “Success Breakthroughs” and the upcoming Lioncrest Publishing book “Cancer... The Journey From Diagnosis to Empowerment.”.

He is a frequent CME speaker and writer and has extended his educational outreach creating Advanced Applications in Medical Practice (AAMP) CME events in collaboration with FMI Marketing. AAMP is dedicated to bringing next level learning to healthcare professionals to enhance their knowledge and clinical skills. Former positions include multiple medical school posts, professor of Pharmacology and Clinical Medicine at Bastyr University and Chief of IV Services for Bastyr Oncology Research Center.

REGISTRATION FEE: \$845

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AGENDA

FRIDAY August 21st, 2020

[Jump to Friday Morning](#)

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Morning Focus: Integrative Approaches to Inflammatory Bowel Disorders

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8:00 - 8:15 AM Jeremy Phillips: Welcome and Opening Information ×

8:15 - 9:15 AM Dr. Anderson : Lab assessments to consider for a truly integrative GI work-up +

9:15 - 9:45 AM Dr. Grutz: Keeping the IBD patient alive and engaged: The Mind-Body Connection +

9:45 - 10:15 AM Dr. Grutz: Clinical Insights in IBD work-up: Things not to miss +